



GARNDUWA

“Through the power of sports and recreation and our values of **community**, **culture** and **leadership**, Garnduwa empowers Kimberley communities to live active and healthy lives.”

(Garnduwa 2018)



GARNDUWA

Garnduwa acknowledges all traditional owners across the Kimberley.

*Today, I wish to acknowledge my people, the Yawuru people as the Traditional Owners of this land we are meeting on today. I pay my respects to Elder's past, present and emerging.
We acknowledge the ongoing contribution our people make to better enrich our lives.*

*Through our **Communities** we grow strong.
Through our **Leadership** we pave the way.
Through our **Culture** our song lasts forever.*

Garnduwa Amboorny Wirnan overview

- Established in 1992, Kimberley regional sport and recreation body
- Grassroots delivery to 31 remote Aboriginal communities and towns
- 2020 over 17'000 contacts and participation during Covid pandemic
- 95% Aboriginal employment (current 2021)
- 5 office locations across the Kimberley

- 100% Aboriginal Board
- CEO from local region





GARNDUWA PROGRAMS

Kimberley Sport, Art and Culture Program

- Kimberley Active Communities Program (KACP)
- Creating opportunities for everyone to learn, share information and support each other. Mentoring, partnering, co-developing and facilitating.
- Over 20 staff across the Kimberley region and 5 Community recreation officers. Two staff in the WP region.
- Garnduwa Festival pinnacle event
- Support of the Fitzroy Valley Youth Hub (Garnduwa)

Garnduwa programs are designed to engage youth in cultural meaningful exercises. We challenge our participants with physical activities and problem-solving situations that require resilience, leadership, communication, and cooperation skills.

Active Leaders Program

Women in Sport

- Making Her Mark (MHM) Program
- MHM WIS Forum

Culture Camps & Workshops

- Young Men & Women's Leadership Camps, Deadly Diva Days, Cultural Camps

Talent Pathways

- Kimberley Spirit- hubs, U16's and U19's, Pathways to Claremont and Freo NGA
- Challenge Achievement Pathways in Sport Program (CAPS)



GARNDUWA PROGRAMS

Kimberley Sport, Art and Culture Program

KSAC is a blanket approach to the delivery of our services.

- Implementing SEWB and Suicide prevention in everything we do
- KSAC will use existing programs to evaluate the program from a staff, community and stakeholder perspective
- Grow our network and our delivery model.

Kimberley Active Communities Program

- Kimberley Active Communities Program was designed to provide remote communities with ongoing support for the planning and delivery of sport in a culturally safe and sensitive way.
- Program expanded to include leadership, healthy eating and suicide prevention programs, designed in response to problems with school attendance, physical/mental wellbeing, and involvement with the juvenile justice system, whilst also offering employment and training opportunities.
- Community Sport & Recreation Plan



Active Leaders Program

Garnduwa's Active Leaders Program is crucial to the development of Kimberley Aboriginal youth as our future leaders as it is extremely important to empower Kimberley people and their communities.

Our Active Leaders Program is designed to;





Engaging young people in our programs

COMMUNICATION

Face to face communication

Social media

Partnerships

Language/patience

Regular contact/visits to community

Community Sport & Recreation Plans

Key stakeholders

Garnduwa Community Recreation Officers
(CRO's)

Talk to all the family



Key Learnings- What works

1. Offer training in the community, using their own facilities and resources (where you can)
2. Have a 'go to' person in community
3. Work in partnership with other key stakeholders/partners
4. Offering training in group settings. Shame is very much a factor
5. Ask community what their learning interests are
6. Look at the training style, look at the target group. Consider the delivery method and the barriers
7. Be adaptable, flexible and accommodating.
8. Timing of events
9. Regular communication and visits to community help build rapport and trust with people.





Key Learnings- Challenges

1. Not all Garnduwa staff qualified. Need to source other staff/services (i.e support agencies, school staff, etc) to attend programs/events with the appropriate qualification.
2. Cost of training
3. Renewing, expiry dates on courses
4. Geographical location (cost, time and reoccurring)
5. Very limited experience in employment. Train on the job, CRO's in community
6. Non-competitive salaries
7. Knowledge and understanding of the dynamics of an Aboriginal community.
8. Changes on arrival.





Why we do what we do

Garnduwa delivers grass roots programs, mostly working with entry level people in remote community.

At the end of the day our role is to give community members an opportunity to experience new things, develop new skills, provide training and education across a variety of sport and recreation pathways and encourage lots of physical activity to have a positive influence on our peoples health, social and emotional well being.

As a key service provider to remote communities, Garnduwa also recognises the importance of having local community members involved in the delivery of their programs, empowering people by promoting their values of Culture, Community and Leadership to achieve a shared vision for healthy, active and strong communities across the Kimberley.





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