

1. **Title:** ACCREDITATION FOR FIRST AIDERS
2. **Date:** 27 June 2003 ISSUE: 1
3. **Purpose:** To establish the assessment criteria for the vocational accreditation of first aiders in aquatic facilities which is equivalent to Level 2 – Workplace First Aid.

4. **Description:**

**4.1 Principles of First Aid**

Demonstrate a theoretical understanding of:

- What is first aid?
- Recognising emergencies
- Responding to emergencies
- Primary and secondary survey
- Illnesses
- Poisoning
- Moving the casualty
- Calling for help
- Legal considerations for first aiders
- Disease transmission
- Reporting

**4.2 Respiratory System**

**Resuscitation**

Demonstrate theoretical and practical understanding of the following components:

- Components and functions of the respiratory system
- Checking for dangers and taking appropriate action (DRABC)
- The assessment for unconsciousness
- Clearing and opening the airway
- Checking for the signs indicating the presence or absence of breathing
- Positioning of the casualty for EAR
- Performing simulated EAR
- Demonstrating the appropriate action for a casualty who vomits or regurgitates
- Placing the *Casualty in the lateral position*

**Expired Air Resuscitation**

Demonstrate on both an adult and child resuscitation mannequin:

- Mouth-to-mouth resuscitation
- Mouth-to-nose resuscitation
- Mouth-to-mask resuscitation

**Cardio Pulmonary Resuscitation**

Demonstrate the following components:

- Checking the carotid pulse
- Locating the compression point for CPR
- Demonstrate on both an adult and child resuscitation mannequin:
  - One operator CPR
  - Two operator CPR, performing the ECC component

**4.3 Circulatory System**

Demonstrate theoretical and practical understanding of the following components:

*Components and functions of the circulatory system*

Cardiac Emergencies external and internal bleeding

- Eye injuries
- Ear injuries
- Amputations
- Embedded objects
- Abdominal injuries
- Crush injuries
- Dressing and Bandages

**4.4 Muscular and Skeletal System**

Demonstrate theoretical and practical understanding of the following components:

*Components and functions of the muscular and skeletal system*

- Head and Spinal injuries
- Burns and Scalds
- Exposure to heat and cold
- Fractures/dislocations
- Sprain, strain, bruises

**4.5 Neurological System**

- Conscious States
- Stroke
- Concussion
- Convulsions/seizures
- Alcohol/drug overdose

**4.6 Provide Emergency Care**

Participating in mock scenarios with multiple casualties, effect a timely and successful intervention in an emergency demonstrating appropriate;

- Identify need for emergency care
- Ensure personal safety
- Protect casualty and others from further harm
- Reassure casualty
- Assess casualty and plan course of action
- Implement emergency care procedures
- Work cooperatively with personnel from other organisations
- Recover and restore first aid equipment
- Complete documentation

**4.7 Assessment of Competency**

A person holding a Certificate IV in Training and Workplace Assessment (BSZ 40198) and an understanding of the First Aider role must undertake the training and assessment of FA 02.1.

Trainers and assessors must have current relevant industry knowledge and be either;

- Employed by a Registered Training Organisation
- Acting under the registration of a Registered Training Organisation