

1. **TITLE:** **AQUATIC RESCUE ACCREDITATION**
2. **DATE:** 27 June 2003 **ISSUE:** 1
3. **PURPOSE:** To establish the assessment criteria for the vocational accreditation of activity supervisors in aquatic rescue.
4. **DESCRIPTION:**

4.1 Theory

Answer questions requiring an understanding of:

- Safe water practice
- Emergency procedures
- Self - preservation
- Recognising an emergency
- Legal duties, obligations and standards of behaviour
- Assessment before and during a rescue
- Priorities for rescue
- Contacting emergency services
- *CPR techniques, including modifications for children and infants*
- Emergency care of people suffering from shock, choking or bleeding
- The use of bystanders and how to contact emergency services

4.2 Resuscitation

- *Demonstrate the following components:*
- *Checking for dangers and taking appropriate action (DRABC)*
- *The assessment for unconsciousness*
- *Clearing and opening the airway*
- *Checking for the signs indicating the presence or absence of breathing*
- *Positioning of the casualty for EAR*
- *Performing simulated EAR*
- *Checking the carotid pulse*
- *Locating the compression point for CPR*
- *Demonstrating the appropriate action for a casualty who vomits or Regurgitates.*
- *Placing the Casualty in the lateral position*

Expired Air Resuscitation

Demonstrate on both an adult and child resuscitation mannequin:

- Mouth-to-mouth resuscitation
- Mouth-to-nose resuscitation
- Mouth-to-mask resuscitation

Cardio Pulmonary Resuscitation

Demonstrate on both an adult and child resuscitation mannequin:

- One operator CPR
- Two operator CPR, performing the ECC component.

4.3 Dry Rescue

Rescue a person in difficulty no more than 5 metres from safety using an aid without entering the water. Secure the person at a point of safety

4.4 Accompanied Rescue

- Rescue a person in difficulty 10 metres from safety. With a flotation aid -
- Wade and swim to the person
- Pass the aid to the person
- Instruct in use of the aid
- Accompany person to safety
- Secure person at a point of safety

4.5 Recovery and Resuscitate

In approximately 2 metres of water, recover an object from the bottom. Substitute the object for a person simulating unconsciousness and tow 5 metres to a point of support. Assess for respiratory failure and demonstrate E.A.R. for 1 minute. Assume that recovery has occurred, land the person and place in the lateral position.

4.6 Spinal Injury

In shallow water, immobilise a breathing person who has a suspected spinal injury by;

- Applying the 'vice grip' or 'extended arm roll-over' in water for the immobilisation of the neck.
- Recruit and direct two bystanders to assist with stabilisation by supporting the person at the hips and ankles.

4.7 Aquatic Emergency Procedure

Demonstrate

- Recognition of an aquatic emergency
- Effective communication with other staff
- Effective execution of established emergency procedure
- Efficient and effective rescue techniques
- Effective casualty care

4.8 Assessment of Competency

A person holding a Certificate IV in Training and Workplace Assessment (BSZ 40198) and an understanding of the supervisor's role must undertake the training and assessment of SU 02.2.

Trainers and assessors must have current relevant industry knowledge and be either;

- Employed by a Registered Training Organisation
- Acting under the registration of a Registered Training Organisation