



HLTAID001 - Provide Cardiopulmonary Resuscitation (Theory Assessment)

ASSESSOR ONLY



Royal Life Saving
THE ROYAL LIFE SAVING SOCIETY WESTERN AUSTRALIA INC



FIRST AID

1. Four ways you would recognise an emergency are:

- **Sight, smell, sound and unusual behaviour.**
- Sight, smell, feel and unusual behaviour.
- Sense, touch, sound and sight.
- Taste, unusual behaviour, smell and feel.

2. After you have identified and assessed a hazard, you can minimise the hazards using the hierarchy of control.

- The first level of control is **Elimination**
- The second level of control is **Substitution.**
- The third level of control is **Isolation**
- The fourth level of control is **Engineering**
- The fifth level of control is **Administration**
- The sixth level of control is **PPE**

3. Which one of the following would you commence CPR on?

- A person who is suffering a suspected heart attack.
- A child having an asthma attack.
- **An unconscious, not breathing person.**
- An un conscious, breathing person.

4. Four ways to show respectful behaviour towards a casualty include being culturally aware, communicating effectively, aware of potential impairments and being sensitive.

TRUE FALSE

5. Three people that you can discuss a casualty's personal information or medical information with during or after an incident include

- **Ambulance officer / Paramedic.**
- Bystander.
- **Nurse / Doctor at the hospital.**
- Co-worker.
- **Another first aider on scene**

6. Select the four items or precautions that should be used to minimise the risk of infection to you and the casualty.

- **Gloves.**

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- Sun screen.
- Moisturiser.
- Washing hands before and after.
- Reusing equipment.
- Wearing safety glasses.
- Using a face mask during CPR.

7. Most industries require employees to hold a “current” Provide CPR (HLTAID001) qualification. How often must a re-qualification be undertaken for this qualification to be current?

- Every year.
- Every two years.
- Every three years.
- Never.

8. Debriefing is important because it:

- Helps you deal with the stress from a traumatic incident
- Helps you improve future first aid
- Tells emergency services about what happened
- All of the above

9. You have a duty of care to help an injured person in the street if you hold a first aid certificate.

TRUE FALSE

10. You are a designated first aid officer in your workplace, and hold a duty of care to your co-workers, are you required to provide first aid if asked?

TRUE FALSE

11. Based on your own skills and limitations, once you have received your qualification you can:

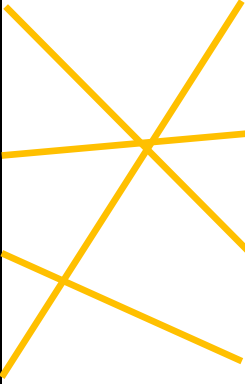
- Perform a tracheotomy.
- Become a Doctor.
- Do what you want in a first aid situation.
- Stay within your training and do what is reasonable within the given situation.

12. When would you be able to provide CPR with implied consent? unable to communicate due to injuries or unconscious.

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13. The most common cause of an airway obstruction in an unconscious casualty is **their tongue.**

14. Draw a line to match the following to the correct answer

The priority care for a casualty UNCONSCIOUS on their BACK and is BREATHING is		Unresponsive
A conscious casualty can be described as		Alert, responsive to questions and provides accurate answers
A semi-conscious casualty can be described as		Place them in the recovery position and monitor their ABC
An unconscious casualty can be described as		Altered conscious state and provides inappropriate or confused answers to questions

15. Four situations where you may legally stop CPR once you have started include

- They recover / Start breathing.
- Physically unable to continue.
- Continuing will place you in Danger.
- An ambulance officer/paramedic arrives or instructs you to stop.

16. Complete the following resuscitation chart

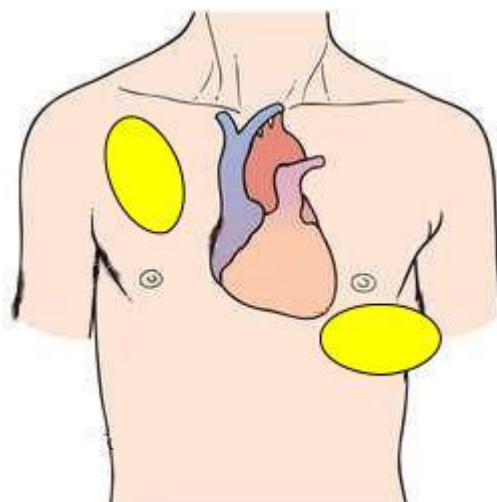
	Adults & Children	Infants
Head Tilt	Full	None / Neutral
Hand Placement	Centre of Chest	Centre of Chest
Ratio	30:2	30:2
Compression Rates Per Minute	100-120	100-120
Compression Depth	1/3 depth of chest	1/3 depth of chest
Technique	2 Hands	2 Fingers
Breaths	Breaths	Puffs

17. Only trained health professionals are allowed to use an Automated External Defibrillator (AED)?

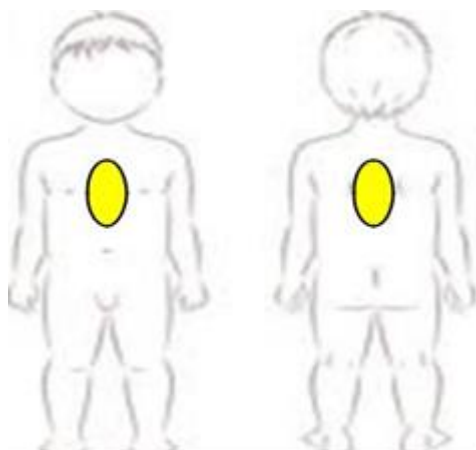
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TRUE FALSE

18. Place a circle in the correct position on the picture for adult defibrillator pad placements.



19. Place a circle in the correct position on the picture for paediatric defibrillator pad placements.



20. The location point for compression's is

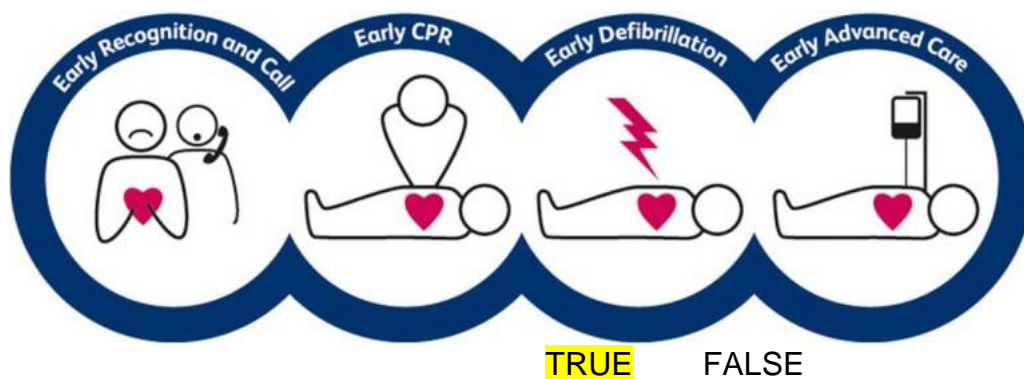
- Above the centre of the chest.
- Directly over the heart.
- The centre of the chest.
- The bottom of the rib cage.

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21. How often in minutes is it recommended to swap with someone else, if available during CPR to reduce fatigue and ensure adequate compressions?

- 1 minutes
- 2 minutes
- 4 minutes
- Never

22. Is the following picture correct for the chain of survival?



23. Indicate what sounds you may hear if a casualty is not breathing normally:

- | | |
|--|--|
| <input type="checkbox"/> Slow | <input type="checkbox"/> Even |
| <input checked="" type="checkbox"/> Wheezing | <input type="checkbox"/> Effortless |
| <input checked="" type="checkbox"/> Gurgling | <input checked="" type="checkbox"/> Harsh |
| <input type="checkbox"/> Quiet | <input checked="" type="checkbox"/> Shrill |

24. Why is it important to keep an adult casualty's head tilted?

- Helps with stopping infections
- Stops the tongue from blocking the airway
- Part of the debriefing
- So they can give you consent for treatment

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Review Process		
Reviewed By:		Compliance – 13 th Aug 2018
Approved By:		General Manager – Operations Manager
Risk Rating:	Review Cycle:	Review Date:
Extreme	Annual	1 st July 2019
References:		
Statutory:	The Standards for RTO's 2015	
Industry:	Education and Training	
Royal Life Saving Society WA:	Registered Training Organisation	
Document Location:	RTO Compliance Folder – Standard 1	
Version Control	Description	
1	New version created	
1.1	Entire document reviewed, review form added, checked all and document register number revised.	
2	Revised questions, updated instructions, updated layout, added question about head tilt	
3	Compression depth added, table 18 reviewed and amended	

Name of document:	RLSSWA 1260 –Theory Assessment - Learner – HLTAID001 Provide Cardiopulmonary Resus		
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