

Aquatic Rescue for Hydrotherapy is recognised designed for physiotherapy students and the rehabilitation industry. This course shows students how to identify potential accidents and prevent them from occurring, while also developing the skills and knowledge needed to respond to emergencies without hesitation and to provide the appropriate emergency care.

Course Duration: 3 hours

Delivery Mode: Face to Face

Location: The course is conducted in Perth and other locations in Western Australia.

Pre-requisites: Nil

Minimum Age Requirements: 16 years

Certification: Aquatic Rescue for Hydrotherapy and Resuscitation Award

Fee Includes: Instruction, pool entry and learning resources

Suitable for: Physiotherapy students and staff in the rehabilitation industry who may need to respond to emergencies without hesitation and to provide the appropriate emergency care.

Entry requirements:

- Reasonable level (AQF level 3) of spoken and written English (link to LLN assessment).
- Adequate level of physical fitness to enable completion of practical components of course.
- Participants must have a reasonable level of fitness and swimming ability to successfully complete the course.

Course content includes:

- 25m swim using recognisable stroke(s)
- Demonstrate effective Cardiopulmonary Resuscitation
- Survival and Rescue Skills: Demonstrate a range of survival techniques and appropriate rescues for a range of different aquatic environments.
- Spinal Injuries: Basic management of a suspected spinal injury in shallow water.
- Rescue Initiative: Combine all the skills and knowledge on rescues and utilise it to rescue 2 drowning casualties.
- Theory on aquatic environments, water safety, rescue techniques, resuscitation and basic injuries.

On Enrolment: You will receive an email that confirms your enrolment and provides details about how course participation. If the course includes an online component you will also receive your login information. Please contact our office if you have any questions.

Support services: A reasonable level of spoken and written English is required to complete this course. Reasonable adjustments can be made to certain aspects of the course without

affecting the outcomes required. If you believe you require assistance with language, literacy of numeracy, please contact the office ahead of the scheduled course to determine what assistance may be available to you.

Complaints and Appeals

If a learner has a complaint regarding their course or wish to appeal any decision, they should first discuss it with their trainer.

If the issue is not resolved a notice of Complaint or Appeal must:

- Be given in writing to the Training Manager
- Clearly identify the course, grade, result or decision
- Clearly detail the specific grounds of the complaint or the appeal
- Be made within 10 working days from the day the learner attended the course

VET Policies: <https://royallifesavingwa.com.au/programs/vocational-training/rto-policies>