

This course will provide participants with skills and knowledge of aquatic safety, rescue and survival skill techniques for supervising students participating in activities both in and around various closed and open aquatic environments. This Course is suitable for Teachers supervising students in various aquatic environments.

Course Duration: 7 hours

Delivery Mode: Face to Face

Location: The course is conducted in Perth and other locations in Western Australia.

Pre-requisites: Nil

Minimum Age Requirements: 18 years

Certification: On successful completion candidates will receive:

- School Teacher Aquatic Rescue award and Resuscitation Award

Fee Includes: Instruction, pool entry and learning resources

Suitable for: Teachers who are responsible for supervising students participating in activities in and around closed and open aquatic environments

Entry requirements:

- Hold a reasonable level of swimming fitness
- Reasonable level (AQF level 3) of spoken and written English (link to LLN assessment)
- Adequate level of physical fitness to enable completion of practical components of course

Course content includes:

- Pool Component
 - Theory on aquatic environments, water safety, rescue techniques, resuscitation and basic injuries.
 - Resuscitation: Demonstrate effective Cardiopulmonary Resuscitation
 - Swim 400 metres, continuously in 13 minutes. 200m freestyle, 200m survival strokes.
 - Survival and Rescue Skills: Demonstrate a range of survival techniques and appropriate rescues for a range of different aquatic environments.
 - Spinal Injuries: Basic management of a suspected spinal injury in shallow water.
 - Rescue Initiative: Combine all the skills and knowledge on rescues and utilise it to rescue 2 drowning casualties.



- Beach Component
 - Risk Assessment and Checklist
 - Complete a 100m run 100m swim 100m run in 5 minutes.
 - Beach Rescues: Swim 25m to retrieve a conscious and an unconscious casualty.
 - Spinal Management

On Enrolment: You will receive an email that confirms your enrolment and provides details about how course participation. If the course includes an online component you will also receive your login information. Please contact our office if you have any questions.

Support services: A reasonable level of spoken and written English is required to complete this course. Reasonable adjustments can be made to certain aspects of the course without affecting the outcomes required. If you believe you require assistance with language, literacy of numeracy, please contact the office ahead of the scheduled course to determine what assistance may be available to you.

Complaints and Appeals

If a learner has a complaint regarding their course or wish to appeal any decision, they should first discuss it with their trainer.

If the issue is not resolved a notice of Complaint or Appeal must:

- Be given in writing to the Training Manager
- Clearly identify the course, grade, result or decision
- Clearly detail the specific grounds of the complaint or the appeal
- Be made within 10 working days from the day the learner attended the course

VET Policies: <https://royallifesavingwa.com.au/programs/vocational-training/rto-policies>