



The [SISSS00112 - Swimming and Water Safety Teacher Skill Set](#) covers the skills for those wishing to instruct swimming and water safety. This course is suitable for students who plan to work as a swimming instructor

This information sheet will give you information about how this course is delivered, the assessment process together with information about the learning journey.

Overview:

Course Duration: 5-10 hours Online training and assessment, 16 hours Face to face training and supervised teaching practice that involves at least four (4) controlled Learn to Swim sessions under direct supervision.

Delivery Mode: Online training and knowledge assessment, 2 days Face to face practical training and assessment

Location: The course is conducted in Perth and other locations in WA.

Assessment: There are knowledge-based assessment questions to complete via the learning management system. Practical assessment tasks will be assessed during the face to face part of the course

Pre-requisites: Nil

Minimum Age Requirements: 16 years old

Fee Includes:

Online access to eLearning resources Learning and assessment resources including access to a swimming pool entry and physical training resources are also supplied.

Entry requirements:

- Students will be required to provide their Unique Student Identifier (USI) number prior to the commencement of the course (usi.gov.au to register).
- Students must have the necessary health and fitness to carry out the assessment requirements in the swimming pool. Some students may find the physical aspects of this training strenuous. Please discuss any injuries or physical limitations, with the RTO staff prior to enrolment.
- Students MUST complete a series of pre-course online training modules (via an online eLearning portal that may take 4-8 hours to complete) prior to attendance of the classroom phase of the course.
- Students must bring sunscreen, a hat and wear clothing suitable for working in and out of the pool such as t-shirt or rash guard and bathers. Wetsuits or a steamer vest are recommended in winter. Bikinis and speedos are not suitable attire for the course.

Course content includes:

- Basic water rescues
- Instructing water familiarisation, buoyancy and mobility skills
- Instructing water safety and survival skills
- Instructing swimming strokes



The course is contextualised to WA and aligned to the National Swimming and Water Safety Framework with the inclusion of Swim and Survive principles:

- Entries and exits skills teach children to determine the safest entry and exit method for a range of aquatic environments.
- Sculling and body orientation enable children to gain mobility and vital skills for developing swimming and survival skills.
- Underwater skills This strand aims to provide the student with the skills that may enable them to escape from dangers or search for a submerged object
- Swimming strokes develops efficient and effective stroke technique and the ability to adapt the strokes to suit the conditions of the environment. Fitness and endurance increases through the progression of levels.
- Survival skills includes the teaching of survival techniques and strategies for a range of emergency situations, including the use of lifejackets.
- Rescue skills equip children with the required skills to perform a range of rescues depending on the emergency situation, the environment and prevailing conditions.
- Water safety knowledge develops an understanding of a range of swimming and water safety issues that underpins safety in and around the water.

Industry Licence:

Students who have successfully completed the training course must be approved to hold an Industry Licence to be able to work as a swimming teacher. The Swimming and Water Safety Teacher licence is valid for one year from the date of issue.

The Swimming and Water Safety Teacher training course includes an application for an industry licence. The student is required to complete the following before being issued with their

Swimming and Water Safety Teacher Industry Licence:

- Successful completion of all aspects of the training course
- Successful completion of the on-the job work placement
- Complete the Swimming Teacher Accreditation Form
- Current Working with Children Check or Registered Teacher card
- Current CPR certificate delivered and assessed by a Registered Training Organisation (RTO)
- Evidence of knowledge and skill in basic water rescue techniques

Annual Renewal of your Swimming and Water Safety Teacher Licence :

To renew your Swimming and Water Safety Teacher Licence we will require you to complete on an annual basis the following:

- Complete the Swimming Teacher Accreditation Form
- Current Working with Children Check or Registered Teacher card
- Current CPR certificate delivered and assessed by a Registered Training Organisation (RTO)
- Evidence of knowledge and skill in basic water rescue techniques,
- Evidence of ongoing professional development in both water safety and swim teaching techniques (successfully completed a minimum of four (4) swim instructor specific online courses with RLSSWA or equivalent).

**Getting Started:**

On enrolment the student will be provided with their online learning website account where they can create an account and enrol into the online course. The student is then able to progress through the modules in their own time. Approximate 5-10 hours to complete.

Please email or call the Training Department for support to complete the online learning and assessment components of the course. Once all modules and the knowledge assessment have been completed, you will access a certificate of completion (COC), for download. You can only attend the face-to-face practical session by providing a hard copy or digital image of the COC to the course trainer.

The face-to-face session will be delivered over a 2-day period, through practical training and assessment tasks.

Students will complete skill-based assessments to establish competency. The trainer will support students and adjust to ensure the student has every opportunity to achieve competence.

Language, Literacy and Numeracy Requirements:

An understanding of spoken and written English is required to complete this course. You must be able to:

- Give a clear verbal instructions
- Understand verbal questions
- Read and understand written instructions
- Write an incident report

Physical Requirements:

- The fitness and strength to tow a person in difficulty at least 10 metres

Certification:

On successful completion of the assessment requirements, students will be provided with a Statement of Attainment for the following units:

- SISCAQU002 Perform basic water rescues
- SISCAQU008 Instruct water familiarisation, buoyancy and mobility skills
- SISCAQU009 Instruct clients in water safety and survival skills
- SISCAQU010 Instruct swimming strokes

Complaints and Appeals:

If a student has a complaint regarding their course or wish to appeal any assessment decision, please contact the office.

A formal Complaint or Appeal must:

- Be provided in writing to the Training Manager
- Clearly identify the course, result or decision
- Clearly detail the specific grounds of the complaint or the appeal
- Be made within 10 working days from the day the student attended the course

VET Policies: <https://royallifesavingwa.com.au/programs/vocational-training/rto-policies>